

# England Korfball Performance Pathway: National Academy 2023/2024

## Key Information:

Sesion No. 1 Date: Saturday 28th October 2023 Location: University of East Anglia (UEA), SportsPark Timings: 11-5pm Session No. 2 Date: Saturday 2nd December 2023 Location: University of East London (UEL) SportsDock Timings: 10am-5pm Session No. 3 Date: Saturday 17th February 2024 Location: UEA Timings: 11am-5pm Session No. 4 Date: Saturday 23rd March 2024 Location: UEA Timings: 11am-5pm Session No. 5

Date: Sunday 2nd June 2024 Location: <u>University of East London (UEL) SportsDock</u> Timings: 11am-5pm

#### Session No. 6 & 7



Date: Saturday 7th September & Sunday 8th September 2024. \*\*Selection Camp

Location: UEA

Timings: 11am-5pm

### **Competitions & Eligibility:**

- To be an athlete within the Academy Programme 23/24 you need to be aged 15 years and no older than 19 years old by January 2024.
- The Academy will seek to develop approximately 40 athletes across these age groups.
- For 23/24 the Academy will continue to be Open Access, however from 24/25 selection will take place from Regional Academy and/or Selection Camp weekend detailed above.
- The focus of this part of the pathway is to develop athletes holistically towards DTS Performance.
- The competitive offering has been evaluated to maximise opportunities for both developmental competition exposure and performance competition. As such Academy athletes are eligible for the following competitions this year:
- Friday 3rd-Sunday 5th November: 2 x U17 International Flanders, Belgium, Ghent
- 27-30th December: 2 x U19 International Challenge Tournament, Rotterdam
- 29-31st March: 1 x U19 IKF World Cup, Catalonia
- TBC (Early July): 1 x U17 IKF U17 World Cup

Other International Development training and matches are being considered as part of our holistic approach to provision of appropriate exposure to international competition. These may be separate or integrated within the training camps and details around this will follow.

It should be noted that from Jan 24 we are launching the next stage in the Performance Talent Pathway which is the Development Training Squad. The DTS Squad for year 23/24 will train separately but within the same dates and locations as the Academy\* This is to enable efficient sharing of resource, coaching and provision of benchmarking and athlete education sessions. \* potential exemption on Saturday 17th February 2024.

#### **Further Information:**

- The Academy Programme will continue to deliver the following aspects of Youth Athlete Development:
  - Use of High Performance Environments
  - Externally led Athlete Education sessions by industry professionals
  - Access to an Athlete Development Training Programme designed by our Athletic Development Lead Rob Thickpenny
  - Coaching focussed on an athlete centred approach led by a team of experienced and qualified coaches.



- Competition opportunities (National and International) based on pillars of Development and Performance which are matched to the developmental needs of the athletes
- The programme strongly welcomes the attendance of youth coaches and teachers of those in attendance.
- The cost for being part of the Academy Programme in 23/24 will be £330 which can be paid in instalments or as a one off fee. To sign up to the Academy for 23/24 please use the following link: <u>https://buytickets.at/englandkorfball/994526</u>

Steph Watson, Academy Lead Coach will be delivering an open access Webinar on Thursday September 14th to go through the offering for 23/24 and answer any questions coaches or parents may have. To sign up to this webinar, please register your interest here: <u>https://forms.gle/NqCLe7WVmUtDixZq6</u>